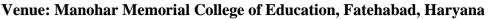


19-20 March, 2025





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Abstract

Digital technology has proven to be a boon for the adolescents who are at the cusp of radical transition into the vocational worlds. Where, on one hand technology has opened up a vast arena of knowledge of the learners, on the other hand, it has posed some serious threats to their physical and mental abilities. In light of the above, the paper attempts to highlight the atrocities faced by learners due to internet addiction as well as the critical role of the teachers in overcoming the same.



