



A Study Habits and Attitudes Among Secondary School Students

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Abstract

Excellent learning has to be the key to academic success for learners. This excellent learning can be developed into strategies by studying the study habits and attitude of the student towards learning. Studying the study habits and attitude of students is of optimum importance to teachers, learners and caregivers, so as to promote and aid in the learning process of the students. Old concept of rote learning has been encouraged over time but there is a need of change in strategy of studying to meet the needs of the current competitive world. The main aim of this study is to determine the extent of study habitual patterns and a learner's attitude studying in general as a single variable holistically. There was significant difference found in the study habits and attitudes of HBSE and CBSE, Government and Private and Male and Female Students of secondary school students. Here the researcher has used survey method and Test of Study Habits and Attitudes tool prepared and standardized by Dr. C.P. Mathur was used. In this research paper, on an average it was found that CBSE, Private and Female students was having better study habits and attitudes as compare to HBSE, Government and male students of secondary schools. This paper attempts at giving possible solutions to improve the students study habits and attitudes.

