



## **A Study on Cyber Violence and its Effects on Women's Rights**

Dr. Poonam, Assistant Professor, Department of Education, Chaudhary Devi Lal University, Sirsa  
Dr. Indu Bala, Assistant Professor, Department of Education, Chaudhary Devi Lal University, Sirsa

### **Abstract**

In the digital age, the proliferation of technology has revolutionized human interactions, but it has also given rise to concerning issue cyber violence against women. This paper investigates the diverse manifestations of cyber violence, including cyberbullying, online harassment, non-consensual sharing of intimate images (revenge porn), online stalking, and threats. By delving into the factors contributing to this pervasive problem, such as gender inequality, anonymity in cyberspace, and the normalization of online misbehaviour, this research highlights the far-reaching impact of cyber violence on women's fundamental rights, including privacy, freedom of expression, and psychological well-being.

Drawing on relevant case studies, such as the #MeToo movement and legislative responses from different countries, the research underscores the importance of collective efforts by NGOs and civil society in addressing this complex issue. #MeToo movement promises to initiate an open dialogue on all forms of sexual harassment being faced by women in India. By promoting awareness, education, and cooperation, we can create a safer digital environment, ensuring that women's rights are protected and upheld in the face of evolving technological challenges.

